



Nebraska United Methodist
Bike Ride for Hunger
www.numbride.org

NUMB RIDE for Hunger "Southern Shores Tour"

JUNE 23rd – 27th, 2018

Twenty-Third Annual Circle Bicycle Tour of Nebraska

June 23rd — McCook, NE – *Optional Day ride*
June 24th — McCook, NE – Norton, KS 62* miles
June 25th — Norton, KS – Franklin, NE 62* miles
June 26th — Franklin, NE – Beaver City, NE 50* miles
June 27th — Beaver City, NE – McCook, NE 56* miles
**Mileage approximate*

NUMB 2018 In its 23rd year of fighting hunger, the Nebraska United Methodist Bike Ride for Hunger (NUMB) has given over \$910,000 around the world for those in need. Enjoy the Mediterranean climate as we cruise Nebraska's southern shore on our 23rd year of fighting hunger. Welcome to the high plains of Nebraska and Kansas where the spirit of the American pioneer lives on. This is the land of vast horizons, fertile river valleys, and community resilience. As you raise money to feed hungry people, take time to witness the rolling scenery and the sound of the wind to imagine waves breaking along a non-existent shore.

The official start of NUMB 2018 is the Saturday evening Rider's Meeting on June 23rd. For those arriving early to McCook there will be an optional pre-NUMB loop ride on Saturday morning. This will be a short warm up ride in the area before the actual NUMB ride starts on Sunday morning. Camping will be available in McCook both Friday and Saturday evening.

NUMB is sponsored by the Great Plains United Methodist Conference Risk Taking Mission and Justice Team.

NUMB is open to all interested cyclists. You do not have to be a United Methodist to participate in NUMB. The ride will be limited to the first 150 riders. Riders in the past have come from all across the nation as well as Nebraska to be a part of this ride. Mail a registration form, or register online by clicking the link at www.numbride.org to secure a spot on NUMB 2018. Riders 18 years old and under must be accompanied by an adult, parent or guardian. NUMB will be challenging and riders must be in excellent riding condition and using quality biking equipment. Participants must pay \$55 for registration (*after April 14th - \$60*) and secure a minimum of \$100 pledged to support the hunger programs. Registrants will receive pledge sheets and information about the hunger projects upon registering. We have some great jerseys that you can order when you register online or contact regina@numbride.org for more information on these.



Cyclists need to provide their own tents, multi-speed bike and gear needed for the trip. Helmets are mandatory. Following registration you will receive additional information including helpful hints on training and equipment. The route is SAG supported. Nebraska Cycling & Fitness of Columbus will be on hand for repairs and parts. Designated camping sites are provided in each host community. Support vehicles will transport your tents and luggage. Riders will park their vehicles in McCook on arrival and pick them up again when our tour concludes. *If you choose to stay in a motel (which are limited) on the tour it is your responsibility to get to the motel with your gear and back to the campground.*

The Nebraska United Methodist Churches of McCook, NE, Norton, KS, Franklin, NE & Beaver City, NE will be our hosts and arrange for breakfast and evening meals for purchase and showers and camping spaces in their communities. SAGs with water and snacks will be located every 10-12 miles. Riders will be responsible for purchasing lunch in towns we pass through on the route.



TOUR LEADERSHIP Rev. Bill Ritter, Great Plains Blue River District Superintendent, is our Tour Leader for the Twenty-second year. Bill has led numerous cross Nebraska bike tours for the United Methodist Church since the 1980's and is a veteran of fourteen+ BRAN trips, has participated in RAGBRAI, MS150, BAK, SAGBRAW, Tour de Kota, Candisc, BAM, WOW and various other Bike Tours. Also serving you on NUMB are Route Director: Greg Bakewell, Registrar/Director's Assistant: Regina Bergman, Social Director: Nina Clark, SAG Directors: Wayne and Kathy Minikus, Dick Vandenberg, Nebraska Cycling and Fitness, Columbus, NE. and Geoff Paterson, Bike Tech; Olympia Cyclist of Omaha, NE

For more information contact:

Bill Ritter, Director or **Regina Bergman, Registrar**
402-910-4123 402-657-3983
blueriverds@greatplainsumc.org or regina@numbride.org

Check out www.numbride.org for additional registration forms, pictures/video of previous NUMB's and additional information

Register online at: www.numbride.org
If you are not a rider but would like to participate, support personnel are needed, please contact us.

NUMB 2018 APPLICATION

Register online at www.numbride.org or complete this application and mail it with your registration fee to:

NUMB, Regina Bergman, PO Box 165, Elkhorn NE 68022.

Registration Fee is: \$55 prior to April 14th after that registration is \$60. Please enclose check payable to: NUMB Ride

Last Name First Name Preferred Name (for name tags)

Street Address City State Zip

*Cell Phone Number Home Phone Number Email

All information may be sent via email: Yes _____ No _____ Sex: F ___ M ___ Birthdate _____ Age _____

In Case of Emergency Contact: Name Relationship Area Code / Phone Number

United Methodist Church (If applicable) Mechanic Info: Type of bike you will be riding?

T-Shirt Size: M ___ L ___ XL ___ XXL _____ Each registered rider receives a t-shirt. Extra t-shirts are \$10 each \$12 XXL _____

I Will be there to do the optional day on Saturday How many NUMBs have you ridden? _____

Volunteer: I won't be riding but will help with support. (No fee for volunteers. We will send more information on volunteering.)

Do not include my name & information on the listing of riders to be shared with the NUMB 2018 riders.

ALL RIDERS -- PLEASE READ AND SIGN THE RELEASE BELOW:

I, the undersigned, freely acknowledge and realize the dangers in participating in NUMB '18 and fully assume all risks including but not limited to, collision with pedestrians, vehicles, other riders, and/or fixed or moving objects, the negligence of other riders, sponsors, promoters or drivers and dangers arising from falls, road surface, equipment failure, inadequate safety equipment, weather conditions, as well as the possibility of physical and/or mental trauma (or injury). I understand that the route requires bicycling on public roadways and in bad weather and that cyclists have been hospitalized and/or killed because of traffic mishaps that are either their responsibility or others' responsibility, and I further agree that I will bear all expenses incurred in any such accidents.

I realize that NUMB requires physical conditioning and I represent that I am in sound medical condition. I have no physical or medical impediment, which would endanger others or myself. I understand and agree that a situation may arise during NUMB which may be beyond the control of the sponsors, promoters, or organizers and agree to ride so as not to endanger either others or myself.

I waive, release, discharge for myself, my heirs executors, administrators, legal representatives (including successors), any and all rights and/or claims which I have, may have, or may hereafter accrue to me against the sponsors and promoters of NUMB including the Great Plains United Methodist Conference or other sponsors or affiliated organizations and their respective agents, officers and employees for any and all damages, injuries, or claims which may be sustained by me directly or indirectly arising out of my participation in NUMB

Participant agrees to indemnify and hold the organizer harmless and to indemnify the organizer for all claims that may arise from the participant's injuries or death or property damage caused by the simple negligence of the organizer.

The above agreements and representations are my express understandings of the risks, and I assume these voluntarily and freely without coercion or duress. This agreement may not be modified orally and may not be waived in any respect. I accept responsibility for the condition and adequacy of my bicycle and agree to abide by the rules of NUMB relating to the wearing of a helmet as well as other organization requirements.

I authorize the use of my name, photos or videos of myself to be used by NUMB or any associated organization for the purpose of promoting NUMB and I hereby disclaim any and all rights to such photos or videos. There is no time limit in hours, days or years that my photo image may not be used. I also understand NUMB will only use my photo or image in publicity related to NUMB.

DATE _____ SIGNATURE _____

IMPORTANT: Applications for persons under 18 years of age must be accompanied by the application(s) of their parent(s) or person responsible who will be riding NUMB with them. Both Parents/Guardians must sign the application of an entrant under 18.

SIGNATURE OF PARENTS OR GUARDIANS:

I, as a parent or guardian of the above named minor, hereby give my permission and consent voluntarily and freely for my child to participate in NUMB '18. I further agree individually and on behalf of my child to the above terms after having fully read the terms.

Minor's date of birth Age of Minor Signature of Mother/Guardian Signature of Father/Guardian

Person responsible for minor on ride relationship to minor